



## DIET SUPPLEMENTS

In order to obtain a diet supplement your physician, nurse practitioner, or dietitian must confirm in writing:

- The condition that makes you need a diet supplement;
- The type of diet required (as specified in the list below);
- For how long (for up to 12 months for short-term condition and 24 months for chronic condition).

### Available Diet Supplements and Amounts

Restricted sodium diet	\$10 per calendar month
Kidney dialysis (if not available through Ministry of Health)	\$30 per calendar month
Diabetes	\$35 per calendar month
Gluten-free diet	\$40 per calendar month
Ketogenic diet	\$40 per calendar month
Phenylalanine diet	\$40 per calendar month
Dysphagia	\$40 per calendar month (+ \$30 for a blender)
Cystic fibrosis	\$50 per calendar month


Source: <https://www2.gov.bc.ca/gov/content/governments/policies-for-government/bcea-policy-and-procedure-manual/bc-employment-and-assistance-rate-tables/health-supplements-and-programs-rate-table>

### High Protein Diet Supplement

The Ministry can provide an additional \$40 per month if a person has any of the following conditions:

Chronic bacterial infection	Radiation therapy	Chemotherapy'
Surgical therapy	Chronic inflammatory bowel disease	Chrohn's disease
Ulcerative colitis	HIV positive diagnosis	Aids
Tuberculosis	Cancer (ongoing medical treatment)	hyperthyroidism
Osteoporosis	Hepatitis B	Hepatitis C

\*People requiring a high protein diet are also eligible to receive an additional \$30 towards the purchase of a blender.

 **TIP:** A person having two or more separate conditions for which a diet supplement can be provided only the higher diet allowance amount will be paid.

Source: <https://www2.gov.bc.ca/gov/content/governments/policies-for-government/bcea-policy-and-procedure-manual/health-supplements-and-programs/diet-supplements>

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