

# DIET SUPPLEMENTS

In order to obtain a diet supplement your physician, nurse practitioner or dietitian must confirm in writing:

- + The condition that makes you need a diet supplement;
- + The type of diet required (as specified in the list below);
- + For how long (for up to 12 months for short-term condition and 24 months for chronic condition) is the diet supplement needed.



## DIET SUPPLEMENTS & AMOUNTS

ITEM	MAXIMUM AMOUNT
Restricted Sodium Diet	\$10 per calendar month
Kidney dialysis (if not available through Ministry of Health)	\$30 per calendar month
Diabetes	\$35 per calendar month
Gluten-free diet	\$40 per calendar month
Ketogenic diet	\$40 per calendar month
Phenylalanine diet	\$40 per calendar month
Dysphagia	\$40 per calendar month (+\$30 for a blender)
Cystic fibrosis	\$50 per calendar month

## HIGH PROTEIN DIET SUPPLEMENT

The Ministry can provide an additional \$40 per month if a person has any of the following conditions:

Chronic bacterial infection	Radiation therapy	Chemotherapy
Surgical therapy	Chronic inflammatory bowel disease	Chrohn's disease
Ulcerative colitis	HIV positive diagnosis	AIDS
Tuberculosis	Cancer (ongoing medical treatment)	Hyperthyroidism
Osteoporosis	Hepatitis B	Hepatitis C

**TIP:** A person having two or more separate conditions for which a diet supplement may be provided, only the higher diet allowance amount will be paid.

Source:  
[Diet Supplements - Province of British Columbia](#)

\*People requiring a high protein diet are also eligible to receive an additional \$30 towards the purchase of a blender.